

Homework, Week 7+: Independence - Adjust, Read, Fish Alone

Five minutes a day beats an hour on Saturday. Print this sheet and stick it on the fridge.

- ☐ Fish (or simulate) one full independent session and log it: water, weight choices, every adjustment, and WHY.
- ☐ Tie the Perfection Loop on a real leader butt until it sits perfectly in line three times running.
- ☐ Build the last three tippet sections from the leader recipe and join them with Double Surgeon's knots.
- ☐ Teach a younger sibling or friend the loop-to-loop handshake.

Parents: you don't need to fish to help. Hold the hoop, count the reps, and ask what today's cue was. Five minutes of attention beats an hour of equipment.

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