

BROOK TROUT SCHOOL · AGES 11-13

Homework, Weeks 3-4: Rolling the Seam

Five minutes a day beats an hour on Saturday. Print this sheet and stick it on the fridge.

- ☐ Four-Elements Drift scorecard: after each practice session, rate your Depth, Drift, Line Control, and Imitation 1-5.
- ☐ Tuck cast on the lawn: 10 casts with a yarn-and-shot rig, stopping high so the fly lands before the leader.
- ☐ Walk a local stream and mark (in a notebook) three 6-foot seam sections you could roll.
- ☐ Recite the Depth Ladder from memory: first drift, no ticks, taps too fast, rolling right.

Parents: you don't need to fish to help. Hold the hoop, count the reps, and ask what today's cue was. Five minutes of attention beats an hour of equipment.

The Joe Humphreys' Fly Fishing Stream School | joehumphreysyouth.org | Inspired by the Methods of Joe Humphreys