

Homework, Week 4: The Strip-and-Set for Bass

Five minutes a day beats an hour on Saturday. Print this sheet and stick it on the fridge.

- ☐ Practice the strip-set on the grass: have a partner tug the yarn fly, and you strip-set, not lift.
- ☐ Cast a popper or yarn at a target, then count to ten before your first twitch. Train the patience.
- ☐ Find one piece of bass structure near you and write down exactly where you would land the fly.

Parents: you don't need to fish to help. Hold the hoop, count the reps, and ask what today's cue was. Five minutes of attention beats an hour of equipment.

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