BROOK TROUT SCHOOL · AGES 11-13

Homework, Weeks 5-6: Rolling the Seam & Take Detection - Rock or Trout?

Five minutes a day beats an hour on Saturday. Print this sheet and stick it on the fridge. Weeks count from Session 1.

☐ Walk a local stream with your adult and mark (in a notebook) three 6-foot seam sections you could roll. “Rolling the seam” means fishing the seam top to bottom, one drift at a time, moving the next drift a foot farther down.

☐ 20-drift session at the creek with your adult (or a count of 20 lawn drifts): tally every strike. Confidence, not catch count, is the score. Keep the tally on your own card.

☐ Four-Elements Drift scorecard: after each practice session, rate your Depth, Drift, Line Control, and Imitation 1-5.

☐ Improved Clinch on 5X tippet, timed against your own stopwatch: beat last week’s time, three days in a row. Mark the Knot Mastery Card.

☐ Partner drill: a partner randomly pinches your line during a slow hand-retrieve - strike on every hesitation.

☐ Write Joe’s line on your scorecard: “You strike a lot without catching fish. That’s the name of the game.”

Water rule: any practice at real water needs a parent or adult with you. No exceptions.

Partners: a parent, a buddy, or a Youth Helper can count the reps, hold the target, and ask what today’s cue was. Five minutes of attention beats an hour of equipment.

The Joe Humphreys’ Fly Fishing Stream School | joehumphreysyouth.org | Inspired by the Methods of Joe Humphreys