Homework, Week 4: The Strip-and-Set for Bass

Warm Waters practice sheet - pairs with the Warm Waters School pages. Five minutes a day beats an hour on Saturday. Print this sheet and stick it on the fridge. You do not need to buy a rod for homework.

☐ Practice the strip-set on the grass (glasses on): have a partner tug the yarn fly, and you strip-set, not lift.

☐ Cast a popper or yarn at a target, then count to ten before your first twitch. Train the patience.

☐ Find one piece of bass structure near you and write down exactly where you would land the fly.

Water rule: any practice at real water needs a parent or adult with you. No exceptions.

Partners: a parent, a buddy, or a Youth Helper can hold the hoop, count the reps, and ask what today's cue was. You don't need to fish to help. Five minutes of attention beats an hour of equipment.

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